

What You Need to Know About Taking Prescription Drugs

Your medication must:

1. Be prescribed by a licensed physician.
2. Be in your name.
3. Be taken in the prescribed dosage.
4. Be valid (not past its expiration) **NO HOLDING ON TO ONE FOR LATER.**
5. Not affect your ability to do your work safely.

* Rule G states “Employees shall neither report for duty nor perform service while under the influence of, nor use while on duty or on CSX property, any drug, **medication**, or other substance, **including prescribed medication** that will in any way adversely affect the employees’ alertness, coordination, reaction, response, or safety.

- You must inform one of your treating physicians of all the prescribed and over the counter drugs you are taking so that your doctor can determine if your use of these drugs is consistent with the safe performance of your duties.
- Remember to take the safest course of action to provide a safe work environment for yourself and your co-workers.